

Salutary *(pronounced sal-yuh-ter-ee) adjective*

Definition

1. promoting or conducive to some good effects; beneficial; remedial. 2. promoting health; healthful; wholesome.

Main Example

- This author proposes that the U.S. president designate May as the “Month of **Salutariness**.” Why? Because each May, tens of thousands of commencement ceremonies take place at the nation’s schools and colleges, with all those events featuring speakers who try to weave at least a few **salutary** words into their addresses.

Workplace Examples

- I beg to differ. Rather than being detrimental, Jerry’s presence has had a **salutary** impact on our team. Let me tell you how his efforts have benefited the department.
- My big IRA account balance is all a result of my dad’s positive influence. He gave me such good, **salutary** advice when I graduated: “Todd,” he said, “don’t let the demands of your job force you to neglect your personal finances.”

Other Examples

- a traffic ticket having a **salutary** influence on you, suddenly making you more conscious of the speed limit and other road warning signs
- a high school teacher recommending PBS’s “American Experience” series as one of the many **salutary** programs on television
- investment advisors describing the NASDAQ crash of March 2000 as a **salutary** event, a **salutary** shock, and an incredibly **salutary** lesson because it helped wring out the excesses from the system and forced investors to be more realistic
- the **salutary** effect that DWI and other anti-drunk driving laws have had on our society: Over 250,000 lives have been saved since 1980 as a result of fewer alcohol-related accidents.